

Checklist for responsible camping

At home

- The family is aware that the young person is going to camp.
- It's been discussed what to do if the young person gets homesick.
- If pocket money is given, it's been discussed how to manage it during the camp.
- The young person's health information, medication, and support needs are communicated. This is discussed with the person in charge at the fire department.
- The young person's own camp equipment is in good condition.
 - Can cope in all weather conditions. Equipment is packed so that it can withstand rain.
 - Items are in working order and undamaged.
 - If something is missing, you can find out if you can borrow it from somewhere.
 - Your own equipment is marked so that it can be found and returned home.

At the fire station

- The fire department can hold a parents' evening for guardians to go over camp matters.
- Officials going to camp complete SPEK's "Safely at fire fighters' camp" online training.
- Camp equipment is checked in advance together.
- Pack the equipment together. Fill in any gaps, repair any faults, and label the equipment.
- Check that the camp equipment includes everything you need.
- If you need to refresh your memory on how to assemble a tent, you can practice at the end of the spring season.
- Make sure that everyone going to camp has the necessary personal equipment.
 - Fill in any gaps.
 - Fix anything that's broken.
 - Label your gear.
 - Make sure you have everything you need.
 - Agree on when you'll pack your gear.
- Go through the camp rules and the fire department's rules for staying at the camp together.



On the way

- Carpooling and shared transportation are encouraged! Campers, please board the bus. Place your equipment in the trailer or truck, if necessary.
- A camp trip is an adventure to be enjoyed.
- Give the driver peace to concentrate on driving safely. Give the other passengers peace too.
- It's boring to just scroll through your phone, so you might as well play a game, sleep, or enjoy the company of others during the car ride.
- Make enough stops so that everyone can use the restroom.
- Leave your rush and stress at the station; there's no need to bring them along to camp.
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At the camp

- Arriving and assembling your tent is a job in itself. The easiest way to do it is to keep a cool head, stay calm, keep your composure, and maintain a positive attitude.
- Get the tent village ready.
- Familiarize the safety instructions: where the first aid is, showers, toilets are, waste disposal etc.
- Experienced campers will help new campers get started.
 - Put the trash bags in place.
 - Straighten up the hallways.
 - Get your gear ready. That's how you make a good camp.
- Go through the schedule and agree on when to go to the tent, when to do evening chores, and so on.
- Remember that for many, camp is the highlight of the year. Enjoy your time together and all your friends. There's no need to worry about unnecessary things at camp.
- Review the fire brigade's agreed rules.
- Agree whether the fire brigade's representative or first aid will be responsible for the young people's medication at camp. **It is recommended that medication be stored in the camp hospital.**

After the camp

- It has been a long week and everyone is surely tired.
- Help the driver stay alert at the wheel, take coffee and toilet breaks when necessary.
- Maintain the same team spirit during the journey home and equipment maintenance as you did at the camp.
- Have a joint celebratory ending and cheer yourselves on. You did it!
- Agree on when the equipment will be serviced and prepared for the next camp.

